

	<b>Health and Wellbeing Board</b> <b>25 January 2018</b>
<b>Title</b>	<b>Child and Adolescent Mental Health (CAMHS) - Update</b>
<b>Report of</b>	Director of Children's Services, LBB Chief Operating Officer, Barnet CCG
<b>Wards</b>	All
<b>Status</b>	Public
<b>Urgent</b>	No
<b>Key</b>	No
<b>Enclosures</b>	None
<b>Officer Contact Details</b>	Richard Tipping, Head of Children's Joint Commissioning email:-richard.tipping1@nhs.net Tel:- 020 3688 2212

<b>Summary</b>
The paper outlines the proposed way forward relating to the development of a model of service delivery to address the emotional health and wellbeing of children and young people in Barnet including Child and Adolescent Mental Health Services (CAMHS). It indicates the current position following extensive discussions and indicates progress made to date towards delivery of a new service delivery model.

<b>Recommendations</b>
1. That the Board notes the proposed way forward to further develop the Transformation of services relating to children and young people's emotional health and wellbeing.
2. That the Board note progress to date towards establishing a new integrated model of services to address children and young people's mental health and wellbeing.
3. That a progress report be taken to the Board in 6 months' time.

## **1. WHY THIS REPORT IS NEEDED**

- 1.1 At its meeting on 16 September 2016, the Health and Wellbeing Board agreed to the establishment of a new model of service delivery to address the emotional mental health and wellbeing of children and young people in Barnet which would include the reconfiguration of CAMHS services. At its meeting on 17th January 2017, a timetable for a joint procurement process between London Borough of Barnet and Barnet CCG to commission a range of related services to deliver the model was agreed. An outline timescale was agreed at the meeting on with further detail to be submitted as the procurement exercise was established and implemented.
- 1.2 Following the decision by the Health and Wellbeing Board, there has been a delay to the initial timeline to address the configuration of the budget including the disaggregation of the budget from the block contract and the sufficiency of the budget to meet the new service model. The CCG Governing Body now need to consider and approve the final proposal before procurement can commence
- 1.3 This paper sets out progress towards the transformation of services to address children and young people's emotional health and wellbeing and intended next steps.

## **2. REASONS FOR RECOMMENDATIONS**

- 2.1 Due to delay in the original timeline, extensive discussions have been taking place about the way forward while transformational activity has been continuing and a detailed service specification being discussed and prepared.
- 2.2 The proposed service delivery model includes the extensive engagement and enhancement of Barnet's strong voluntary and community sector in the planning and delivery of suitable interventions, particularly using a model of social prescribing.
- 2.3 During the period of discussions outlined here, a green paper was published by the Government in December 2017 - *Transforming children and young people's mental health provision: a green paper* relating to the mental health and wellbeing of children and young people. In particular, it relates to supporting the mental health and wellbeing of children and young people in schools and includes reference to
- creating a new mental health workforce of community-based mental health support teams
  - every school and college being encouraged to appoint a designated lead for mental health
  - a new 4-week waiting time for NHS children and young people's mental health services to be piloted in some areas

While the paper is currently out for consultation, there is nothing in the proposals which are contradictory to the model of service delivery being proposed in Barnet and the proposals included within the green paper, if enacted, will complement and align with our intended service provision as well as being likely to attract some additional funding.

- 2.4 As a consequence of the delay in commencing the procurement process, the London Borough of Barnet contract with the current main provider of CAMHS services has elapsed. As a result, LBB is required to bring some services in-house in April 2018 which will link closely with arrangements being established to address 0 to 19 preventative and early help services. Discussions are taking place between LBB and the Provider to ensure that this change is handled sensitively and appropriately to ensure no detriment to children, young people and families or to the staff involved.
- 2.5 In view of the delay, the current main provider has agreed in principle to continue to deliver services to December 2018 within its block contracting arrangements.
- 2.6 Work has been ongoing on the development of the proposed model with a series of workshops and consultation exercises taking place with a wide range of stakeholders which have contributed to the development of a detailed service specification which will be used in the proposed procurement process.
- 2.7 Despite the delays indicated above, it has been possible to implement a series of initiatives and services which will contribute to the revised model of service delivery and improvements in addressing the mental health and emotional wellbeing of Barnet's children and young people.
- Barnet has made significant progress in reducing community CAMHS average waiting times and children/young people on the waiting list. At 30.09.16 baseline the waiting list (referral to Treatment) was **119** young people waiting more than 12 weeks and we set ourselves the overall target of a **40%** reduction within one year. As of 30.09.17 the number waiting more than 12 weeks had reduced to **68 cases achieving a 43%** reduction. Average Waiting Time Referral to Treatment has come down from 131 days to below 90 days.
  - Waiting Times for the specialist Eating Disorder Service have a national standard of < 4 weeks non-urgent and < 1 week urgent. At Q3 201.16 Barnet was achieving a 54% and 48% target respectively. For both Q1 and Q2 2017.18 we achieved 100% target for both measures.
  - Additional staff were added to the Youth Offending Service of a CAMHS Clinical Worker and a specialist Liaison and Diversion Worker. YOS has also been funded for 2 days per week specialist Educational Psychologist and 1 day per CAMHS psychologist.
  - One day per week multi-disciplinary (psychologist, Psychiatry and mental health Workers) CAMHS satellite is taking place at The Pavillion, including parenting support and direct therapy/assessment and training for staff etc.
  - Provision of counselling is being delivered by Raphael House for an additional 40-50 young people per annum-sessions held on Saturday's. 73% achieved an improved outcome score of 5 points (0-10 point scale) or more in last 2 quarters.

- Kooth online counselling (for 11-25 year olds) provided by Xenzone was launched in June 2017 and promoted through six schools. 176 Barnet Young People used the service in the first 3 months (40% over the expected performance). 85% of users returned more than once and 91% would recommend to a friend. Promotion of the service is currently being rolled out across all Barnet secondary level schools, FE colleges and GPs.
- Barnet CCG was successful in bidding for funding to recruit. A new team of trainees to an Emotional Wellbeing team to be based in Families First service LB Barnet. The four trainees are taking cases as part of Barnet's investment in Early Help services for children's mental health.
- A successful joint bid between MAC-UK, REACH Team and supported by Barnet CCG has established specialist provision for street based therapy for hard to reach young people, specifically at risk of gang activity/victimisation.
- A new specialist team for high risk/complex cases across North Central London relating to Perinatal Mental Health has been established with support from Barnet.
- 4 additional staff have been trained in CYP-IAPT, in partnership with the voluntary sector which includes opportunities for capacity building in the voluntary sector and has resulted in a number of awards for emotional wellbeing projects having being made.
- Work has taken place with the Voluntary and Community Sector to submit a grant application to the Department of Health relating to Social Prescribing and engagement of the Voluntary and Community sector. The outcome of the submission has been delayed until later in January 2018.

### **3. POST DECISION IMPLEMENTATION**

- 3.1 Discussions are continuing to address the financial issues outlined in this report following which the proposals will be considered and require approval by the CCG Governing Body with a view to enacting the Procurement process at the earliest opportunity

### **4. IMPLICATIONS OF DECISION**

#### **4.1 Corporate Priorities and Performance**

- 4.1.1 The Joint Health and Wellbeing Strategy 2015-2020 has been referenced in programme plans across the differing developments and will continue to inform the transformation process.
- 4.1.2 The Joint Health and Wellbeing Strategy 2015-2020 highlighted the requirement to support better integration across pathways and services for people with mental health needs and to ensure the right support at the right time to meet individual identified needs.
- 4.1.3 Barnet Children and Young People's Plan has helped shape the CAMHS Transformation process and this programme will support the key objectives of the 'Family Friendly' vision for children and families to:
- Keep themselves safe
  - Achieve their best
  - Be active and healthy

- Have their say

#### 4.2 **Resources (Finance & Value for Money, Procurement, Staffing, IT, Property, Sustainability)**

Budget discussions have taken place within LBB and Barnet CCG and are ongoing. The outcome of a grant application to the Department of Health relating to Social Prescribing and engagement of the Voluntary and Community sector has been delayed until later this month and TUPE information relating to staff transferring from the existing provider into the Council which has financial as well as HR implications is also due later this month. Once these issues are resolved, budget provision will be in place to fully fund the proposed service delivery model.

#### 4.3 **Legal and Constitutional References**

##### 4.3.1 Article 7 of the Council's Constitution sets out the responsibilities of the Health and Wellbeing Board which includes responsibilities:

- To promote partnership and, as appropriate, integration, across all necessary areas, including the use of joined-up commissioning plans across the NHS, social care and public health. To explore partnership work across North Central London where appropriate.

#### 4.4 **Risk Management**

4.4.1 The risks associated with failing to deliver the model have been identified as children and young people's emotional health and wellbeing not being effectively addressed.

4.4.2 There is a risk that if the financial discussions outlined above cannot be successfully resolved, there could be insufficient finance to fund the delivery model. If this were to occur, there would be an immediate discussion between LBB and the CCG to determine an effective way forward.

4.4.3 Risks associated with the procurement exercise itself will be outlined in detail once the procurement process is enacted.

#### 4.5 **Equalities and Diversity**

Barnet Council and Barnet CCG previously completed an Equalities Impact Assessment in respect of these proposals which remains appropriate. Impacts will further be gauged as the process continues.

#### 4.6 **Consultation and Engagement**

The proposed model of service delivery was developed after extensive engagement with stakeholders including children, young people and families. Consultation will take place on the content of the proposed service specification and stakeholders and service users will be engaged in implementation of the service delivery model.